



PARENT PACKET

JR INDIANS FOOTBALL

Junior Indians Mission Statement

Junior Indian Football Organization, our mission is to foster a positive and enriching environment where young athletes from Du Quoin and surrounding areas can develop not only their football skills but also essential life values. Through teamwork, dedication, and sportsmanship, we aim to instill a passion for the game while nurturing the physical, emotional, and social growth of each player as they prepare to play in high school. Our commitment lies in providing a safe, inclusive, and supportive platform where every child can thrive, build confidence, and forge lifelong friendships. Together, we aspire to cultivate champions on and off the field, empowering our youth to embrace challenges, embody resilience, and pursue excellence in all endeavors.

Registration Information

Please Review Refund Policy

The policy of the Junior Indians Football Organization is to issue no refunds after a child has participated in their third practice. Prior to playing in a fourth practice a refund of the registration fee will be issued.

Fees:

- Registration: \$150
- Personalized Jersey, Team Socks, and Football Pants: \$100

Birth Certificates:

Parents will need to provide a birth certificate copy for each player.

Sports Physical:

A copy of the players sports physical will be required to participate in practices and games.

Equipment:

- Helmet, shoulder pads, and practice jersey will be provided by the league. Parents can purchase their own for their child but they are not obligated to.
- One mouth guard will be provided by the league. Additional mouth guards can be purchased for \$1 from the league in the event it is lost or ruined.
- Game jerseys, pants, and game socks will be purchased as part of the fees for the league. Players will be able to keep their game jerseys, pants, and socks at the end of the season.
- Helmet, shoulder pads, and practice jerseys will need to be returned within 30 days of the last game.

Player Jerseys and Socks



PARENT/PLAYER CODE OF CONDUCT FORM

The Junior Indians Football Organization requires all players, volunteers, parents and fans to understand and follow our code of conduct:

1. Model sportsmanship at all times. Treat our volunteers, opponents and officials with equal respect.
2. Be supportive. Help make football a positive and fun experience for everyone.
3. Keep your comments positive. Parents and coaches must communicate with mutual respect. Coaches have the right to postpone conversations that are getting out of hand. Heated discussions have no place in front of the players.
4. Communicate with your coach. Keep them informed about problems that may be going on with your child. If the child has been sick, taking medication, or going through some emotional trauma please make sure the coaches are made aware of the problem as soon as possible.
5. **Only players, coaches and system volunteers are allowed on the practice and playing fields, no exceptions.**
6. Leave the coaching to the coaches. Regardless of your background or experience, please refrain from coaching your kids at home. These kids are being taught to play as a team, each player performing a set function that his teammates can rely on. A player who abandons his teammates to do something his parents coached him to do is letting down his team, his coaches, and himself. At best he may open up the door for the opponent to win the game. At worst he may cause himself or a teammate to be injured. Please talk with a board member if you are interested in volunteering or coaching.

7. Leave the officiating to the officials. Spectators are not allowed to make comments, suggestions or communicate in any way with officials. No exceptions.

8. Disrespectful behavior towards players, opponents, officials, coaches, or volunteers will not be tolerated. Nor will abusive or foul language.

9. Behavior that is disruptive to the program or takes away from the experience of other players and parents is not acceptable. Creating unnecessary drama or stirring controversy will not be tolerated.

10. Police your own ranks at each practice and game. You will be held directly responsible for the behavior of your family and friends. Demand that everyone who is there to support our teams do so with respect for all players, coaches and officials. As parents we must model the behavior we want from our kids. Sometimes that means asking a family member or even a stranger to tone it down.

Policy Enforcement:

1. Individuals that violate this code of conduct will be asked to immediately leave the facility and the player will be removed from the practice or game until the offender has left.

2. Other sanctions as deemed necessary by the board may be enforced, including permanent ban from all activities associated with the program.

I HAVE RECEIVED, READ AND UNDERSTAND THE INFORMATION
PRESENTED IN THE CODE OF CONDUCT DOCUMENT.

Athlete Name (printed)

Athlete Signature

Date

Parent/Legal Guardian Name
(printed)

Parent/Legal Guardian Signature

Date

Junior Indians Football

24 Hours Policy

Youth sports can be an emotional experience. The physical activity of the kids can often spill onto the sidelines and into the stand and create strong reactions in coaches and parents. These coaches are just one vehicle that provide organized youth athletics an existence. As parents, we will not always agree with a coach's decision. However, it is important to recognize that the coach's role is to make decisions for the team first and a player second. Also, we need to understand that most players are not aware of any problem until we, as parents, bring it to their attention. For parents, it is important to separate their child's sports development from game time emotions.

For this reason, we adopted the "24 HOUR RULE" which simply states, that coaches will not discuss a game, or situation in a game, until at least 24 hours after the fact.

After 24 hours these steps should be taken:

1. Player must speak with coach about issues or concerns.
2. Player, coach and parent will discuss issues or concerns.
3. Parent can contact board president with issues or concerns

Parents/guardians are not allowed to confront, email or text a coach, team, player, or board member to discuss any "negative" game or practice situation(s) with coaching and until at least 24 hours has passed from the completion of the game or practice.

Football is a quick paced, emotional sport. Physical battles and tough calls among other things can spill on to the bench and tends to create strong reactions from coaches and parents. The intense emotional aspect of football is one of the reasons it makes exciting entertainment, but it is important to have a "cooling off" period so that emotions do not cloud judgment.

If parents respect the 24 hour rule, their concerns are MORE likely to be fully addressed in a reasonable discussion. More importantly, the kid's enjoyment of a game won't be marred by an ill-timed confrontation. The intent of this rule is to move an emotional confrontational discussion away from the presence of the players, and to allow the parties to "cool off", compose themselves, and to put the incident or situation that occurred in the game in perspective before meeting to discuss it.

Violation of the 24 hour rule policy could result in the parents issue not being discussed.



Du Quoin Junior Indians Football Organization
Parental Consent and Medical Information Form



In the event of an emergency requiring medical attention, I hereby grant permission to a physician or other hospital personnel designated by the coaching staff to attend my child.

Please Print

Athlete's Name: _____

Emergency Contact: _____

Emergency Contact Relationship: _____

Emergency Contact Phone Number: _____

Does your child have any known medical conditions? Yes _____ No _____

If Yes, What? _____

(If yes a medical release may be required)

List any known allergies or allergic reactions: _____

Hospital Choice: _____

Child's Physician: _____

My son/daughter has no physical limitations which would restrict sports involvement. I will notify the Junior Indians Football Organization of any conditions that are pertinent or may arise during the season. I realize that there are risks of being injured that are inherent in all sports.

Parent's Signature

Date



**Junior Indians Football Organization
Equipment Form**



Dear Parents,

Due to the cost of equipment, the Junior Indians Football Organization is requesting all parents or guardians of the children participating in activities of the Junior Indians Football Organization to sign this form as a commitment to reimburse the Junior Indians Football Organization for equipment not returned within thirty (30) days after the last game.

| <u>Football Equipment to be issued</u> | <u>Replacement Cost</u> |
|---|--------------------------------|
| Helmet | \$150 |
| Shoulder Pads | \$50 |
| Total Cost (if equipment is not returned 30 days after the game) | \$200 |

Note, no equipment will be issued unless all fees or birth certificates are turned in. If equipment is not and reimbursement for the football equipment issued are not given to the Junior Indians Football Organization then the athlete will not be allowed to register the following year for Junior Indians Football.

Thank you,

Junior Indians Football Organization

Parent/Legal Guardian Signature

Date



Junior Indians Football Organization Media Release Form

During the course of the pre, regular, and post season games and events, your player may be photographed and recorded for memory and training purposes. This footage may be used to publicize Junior Indians Football through multiple media and social avenues. By signing this document, you are giving the members of the Junior Indians Football Organization permission to use these images.

Players Name: _____

Parent/LegalGuardian: _____

Date: _____



Junior Indians Football and Cheer Registration



Please complete one registration form for each participant.
Be sure to complete the registration fully!

PARTICIPANT INFO

Participant's First Name: _____ Last Name: _____ Date of Birth: _____

Current Age: _____ Circle One: Football Cheerleading

PARENT/GUARDIAN INFO

Parent/Guardian's First Name: _____ Last Name: _____ Phone Number: _____

Local Address, City, State, Zip: _____ Email: _____

PAYMENT INFO

Football Registration - \$150 Cheerleading - \$100

Football Uniform (Jersey, Pants, Socks) - \$100

*Checks made payable to **Du Quoin Junior Indians Football Organization**

EMERGENCY CONTACT

Name: _____ Phone Number: _____ Cell Number: _____

Relationship to Participant: _____ Address, City, Zip: _____

LIABILITY INFO

I/We, know that participation in football or cheerleading may result in serious injuries and protective equipment does not prevent all injuries to players, and do hereby waive, release, absolve, indemnify and agree to hold the Junior Indians Football Organization, the organizers, sponsors, supervisors, coaches, participants and persons transporting my/our child to and from activities for claim arising out of an injury to my/our child

whether the result of negligence or for any other cause, except to the extent and in the amount covered by accident or liability insurance.

I/We authorize him/her to be treated if necessary in the event that I/We are not available at the time of an injury.

Parent/Guardian's Signature: _____ Date: _____

| | | |
|---|---|---|
| <p>Football: Circle One</p> <p>JV (5th and 6th Grade)</p> <p>Varsity (7th and 8th Grade)</p> | <p>Eligibility Info:</p> <p>Physical <input type="checkbox"/></p> <p>Birth Certificate <input type="checkbox"/></p> <p>Must be turned in by first practice</p> | <p>Jersey Info:</p> <p>Last Name to Appear on Jersey: _____</p> <p>Jersey #: 1st Choice _____</p> <p>2nd Choice _____</p> <p>3rd Choice _____</p> <p>Size: Circle One Adult or Youth</p> <p>S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/></p> <p>Football Pants Info:</p> <p>Size: Circle One Adult or Youth</p> <p>S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/></p> |
| <p>Cheer: Circle One</p> <p>JV (5th and 6th Grade)</p> <p>Varsity (7th and 8th Grade)</p> | <p>Eligibility Info:</p> <p>Physical <input type="checkbox"/></p> <p>Birth Certificate <input type="checkbox"/></p> <p>Must be turned in by first practice</p> | <p>Cheer Shirt:</p> <p>Size: Circle One Adult or Youth</p> <p>S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/></p> |